

Path to Self-Realisation

A Collection of Ramblings.

Book 1 – Author: Troy (K) Eichelberger - Nobody



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by Troy (K) Eichelberger – Nobody

Book One.

About this book:

The content of this book will change the way we perceive human limitations. Reality in the realm of Self Consciousness, is at best an abstract version of that which "Is".

Inspired by real events that seemed impossible, I walked out of my everyday life and embarked on an adventure beyond our present state of mind.

The human body is made of five base elements, identical to the elements that are the total of all "Creations in Nature".

The brain also is derived from these elements, and from the brain emerges the "mind". It is from the "mind" that we differentiate ourselves from others by the creation of a Self. This Self is our "Ego Function".

However, it is exactly this Ego function of self, that is now limiting our further growth and our ability to merge with the "collective Consciousness" of "All" beings.

As we are attached to Mother Earth by the laws of Gravity, so are we attached to our idea of a differentiated and individual Self derived from the Ego Function.

Imagine if the cells that make us, would have their own intelligence? Imagine if we could use the shared elements and realise that we are in fact "ONE" with all?

We can!

Our Ancestors are ever present within our own cells. Such ancestors are not limited by our present-day blood-lines, but are a combination of "all life", past and present.

Each cell that makes us, has a positive and a negative pole – each cell has an electric charge. Each cell represents a path to learning, a path to past life cell memory. Such learning can be experienced via silent meditation, when we dissolve all active thought.

The practice of Silent Meditation is to quiet the mind of active thoughts. Active thoughts arise from the functioning of the ego. In my meditation practice, my goal is to bypass this ego function and its incessant chatter, and to enter a state beyond the self-centric and differentiated ego which is constantly associating and expanding upon input from both the internal functions and sensations and the external input.

To say we can energize ourselves in a way beyond our present understanding, is an understatement. We truly are limited only by our own imagination.

Nothing is Coincidence.

Remote Viewing is practised by the CIA. Remote Healing works on exactly the same principles. Telepathy is a function we all can master. Learning without books is the experience that leads to “Knowing” – as you enter a realm beyond duality.

Our bodies resonate on a cellular level to frequencies that we can utilize without physical touch. These are practices we can all master and they will lead us to experience a unity between our organisms as opposed to our “illusion of a Self”.

This is the realm beyond duality – the realm of Collective Consciousness.

Neuroplasticity and Quantum physics are today’s most exciting fields of “Western Science”. Unfortunately, Western Science has a tendency to discover for “profit” instead of common benefit.

There is ongoing discussion in science, that these Neuroplasticity and Quantum physics are built upon theories that were already discussed in the Vedas many thousands of years ago.

Today when we hear about miracles, we are less likely to disregard them as impossible. We do not have to master the perceived hurdles of sciences to engage our mind, the mind is a willing participant. Science merely gives our functions a name, functions that still function without knowing their scientific name.

This book is a compilation of short texts. Texts that will answer so many of today's questions about our "Self" and the human Journey.

You can read it from back to front or open the book on any page, and you will find, that the words in this book touch an "Inner Knowing" you always knew you had. That is "cell-memory" in action.

Enjoy Your Journey.

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About the Author:

“I am Nobody – Together We are – Therefore I Am.”

Born in 1964, in Bruck/ Mur, Austria, I moved to Australia in 1986, where I reside to this day.

I grew up with an idea that nothing was truly impossible. Today I understand why and after reading this book – I hope you will too.

My years of professional employment and to a large degree, self-employment, have been a colourful culmination of that which tickled my fancy at any given period during my life’s journey.

These days I fully believe that the human system is designed to function on a much higher level than that which we presently deem possible.

In 2018 I decided to move away from society as I knew it and find my “Happy Place”.

Today, I can share with you – that Happy Place does exist.

Self-Realisation is a tricky path, but a path that we eventually have to walk if we seek to discover lasting harmony within.

The following pages are aimed at helping you along the way.

Much Love & Light to All.

Troy (K) Eichelberger - Nobody

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Hope & Holy Man - Learning from the land.

By, Troy (K) Eichelberger – Nobody ©

12/03/22

Embarking on the Spiritual journey, we are likely to discover things we'd never thought possible.

Learning begins, when we stop active thought and allow our natural senses to flow on their own accord.

As we begin to open our sensory system, we begin to merge with a world beyond the physical realm.

Energy is now the dominant object – an object, recognisable and translatable by its own frequency.

Prior to the purchase of our farm, my main objective was the feel of the land.

We have no plans to farm the land, it is a haven for visiting wildlife from the National Park we border. When looking for a farm, the ultimate key, was that there had to be a connection with the energy emanating from the land.

I will not bore you with the details – but I am convinced the land chose me even prior to it being listed for sale. Today we are the custodians of this sacred place.

Learning takes on many aspects of becoming exposed to new skills or the unknown. We learn from books, we learn by watching others, we learn by our mistakes and our observation of nature.

However, learning by silencing the mind and sitting in silent meditation, is not easily understood as a means of learning. Yet, I find it to be the most powerful means of learning.

In most strategies of learning, the mind stays active and inquisitive. Not so if we are to go "Within".

As we go “within”, the gateway to the universe allows us glimpses of its wisdom – its functionality and purpose.

Such learning is “Experienced”, not memorised.

As I began meditation on the farm, I soon realised a powerful connection to the land and its ancient history.

I realised a deeper reason for why I was here, I was accepted as the student of this magical place.

As I would sit in silent meditation at different times of the day, different energies were active and different experiences had. BUT, two of the energies became super prominent.

Holy Man & Hope.

Holy Man is the hill to the right of our backyard – it has a rocky outcrop and boulders strewn all over it from a prior volcanic eruption.

Holy Man, is the name I find most suited to this beautiful ancient energy.

Then there is Hope.

Hope is a section of the mountain, out from our front gate. I often see Wedge Tail Eagles come in from that side – it is also where the sun rises in the morning.

Hope’s teaching is a more playful, more lifting energy when compared to Holy Man – who tends to have an air of academia.

As I grew into my new experiment out here on the farm, silent meditation allowed me to connect to the energy of my new teachers – and so began my apprenticeship with Holy Man and Hope.

Observing the happenings on Mother Earth for millennia, Hope and Holy Man are expelling hope and wisdom throughout the universe. Sitting on the land between these two, I feel this energy in a most amplified and serene atmosphere.

The lessons they share are subtle, yet impossible to miss.

To date, I have come across many locations in nature on which energy has a story to share – a lesson to experience.

Given my experience with Hope & Holy Man, I now recognise these as the deeper meaning they hold. I stop and find a quiet spot to enter into silent meditation – connect with the energy and allow my receivers to collect whatever it is I am meant to collect.

Nothing is a coincidence.

Connect yourself to nature when it calls – silent meditation is my means, you may find a different path in – no two experiences are identical.

When we consider the existence of geological formations and the possible intelligence they may contain, something rather interesting comes to mind.

Imagine a mountain.

From our point of understanding, the mountain, or forest, is a formation sustaining and hosting life and living organisms – yet it has no intellect on its own.

Energy is expelled with every thought we take, every word we speak or write – with every song of the bird, or jump of the Kangaroo. All this expelled energy, when combined, forms a story one could tell or experience.

We may hear only a handful of birds sing in a spot right now, but consider the age of the forest?

When the monumental quantity of data, as collected by the mountain, becomes understood – we no longer need to question its “own” intellect – we can visualise the volume of Collective wisdom shed on that mountain.

Now we quiz the value of such data and the potential for such data to be retrieved?

Think Quantum mechanics. Think of the surface profile and the energy retention we discover in geology.

Geology in fact, is the most accurate data storage by which science today can discover the climate of the past – understand ancient vegetation and aqua levels of our planet etc.

Learning by connecting to these energies, is the most accurate means of understanding humanity, our planet and with it – our need to focus on our interconnection.

Discrimination and any form of aggression towards any energy outside your own, are the evidence of a most limited mind.

To learn about the world and about our true purpose as a species, we have to stop taking ourselves “important” as a Self. Pure observation demonstrates, we are merely a miniscule fraction of all creations. Each fraction, combined, makes the total – each equally as important than the other.

Our path is a most wonderful discovery of creation, if only we can exist in harmony and open our minds to the miracle that we are a part of.

Much Love & Light to All

Troy (K) Eichelberger – Nobody ©

Your Higher Self is waiting. Elevate your Neurological functions.

by, Troy (K) Eichelberger - Nobody
22/01/2022

What does your Higher-self represent?

In recent silent meditation, the subject of the Higher Self raised itself.

Based on my former understanding, we reach that Higher Self by opening our Crown Chakra.

Well, in my meditation that was turned on its head - it was explained in a very different and scientifically viable way.

Imagine you are deciding what to do for the weekend.

You decide on a stay in the country and your life is aligning with that choice. In my experience, the door opened to multiple choices all at once.

Instead of deciding on a drive - I experienced the sensation of selecting "Every" option within my consideration.

A day on the couch, a day on the beach, a day with family, flying to another country etc.

I experienced an entirely different consequence, following every choice made. Life changing scenarios evolved.

During this meditation experience, I actually existed in an endless number of versions of myself.

Self-Consciousness limits us to the experience of only one such choice.

Whilst all other choices are actually experienced and recorded in our neurological mapping, we are not conscious of these in our present state.

It is a protection mode for our brain during the early stages of development - development as a species that is.

What I did experience, was that we can take it for granted that we do exist in a multiverse.

One day we will have the strength to cope with the multiverse and use it to our strength. For now, we can take advantage of this in a limited form, via Silent Meditation.

As we strengthen our connection to Collective Consciousness and dissolve active thought - we raise the anchor of the self.

In fact, we can access the best possible scenario from each separate experience - take advantage of our best suited self for any situation - without ever having become aware of it.

Apply the concept of Manifestation to understand this.

Our neurological mapping allows for this to be a fully functioning human feature.

We presently use a mere fraction of our available neuron connections per brain cell.

Why would we be equipped with so many possible connections in the brain, if they had no function?

Nothing is coincidence.

If we design a computer, we will implement a system to connect additional software features and downloads - additional connection points.

However, no one would design the computer with almost a billion of blind connections per command.

Nor does nature.

Our seemingly over catered neuron network does have a functionality, capable of utilising each such possible connections.

Presently we are clearly missing the best way to engage our neurological system to its full potential.

We must trigger and train ourselves to operate on an elevated mental platform.

As the options of our choices are close to endless - so are our available/ possible neuron connections to facilitate such choices.

The way I experienced the explanation of this function was rather simplistic.

I was given an example of a challenge. I was presented withnothing.....the challenge had no subject. A challenge which I could not solve.

Suddenly, I experienced multiple versions of myself.

Versions that had gained experience from the different choices available throughout my entire existence.

Versions of myself, that presently exist in the multiverse.

I realised that in one of these versions of myself, I always have the expertise to solve any challenge at hand.

Our range of skills, is far superior, to that which our limited awareness accepts.

We do have the ability to train ourselves to reach that "Higher Self" and increase the utilisation of our available brain capacity.

The next Frontier is Collective Consciousness. Think of it as Source or Akash.

In that state we can access the skill range of "all" - not merely the best version of our existing self.

"All" is the combination of every living organism, past & present – for that is the historical make up of our present cell structure and DNA – that is the power of ONE.

One day humanity will be able to access Akash at will and with a specific request.

I hope this will resonate with some of you and perhaps trigger further thoughts and solutions with others.

Life is as enjoyable as we manage to design it.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

A game with high stakes - humanity. Love vs Darkness.

By, Troy (K) Eichelberger – Nobody

14/02/22

Imagine we are playing a new board game. A game similar to Monopoly.

Let us assume the game's key goal is to control the development and existence of humanity.

On one chair we have a player representing one percent of humanity – we shall call that player “Darkness”.

On the other chair, we have a player representing ninety nine percent of humanity – we call this player “Love”.

Initially, it seems it seems Love is too trusting – allowing Darkness to design the rules of the game as the game is played.

The game spans over thousands of years.

Today Darkness is in a controlling position, secretly established as cards were being held close to its chest.

As part of the strategy, Darkness has established a monetary system, designed to enslave the majority of humanity.

In order to survive, Love/humanity now needs access to money. That is controlled by Darkness.

Love is not perturbed by these tactics, having faith in its strength – energising and sustaining all life.

Darkness has no understanding of the strategy applied by Love, and continues to design strategies for control – reaching into health, communications, food manufacture and supply etc

Darkness owns Governments by creating political systems that require funding to achieve election. Once elected, such political parties are aware that they govern on the basis of the funding supplied by Darkness.

Laws are created by such appointed politicians, that further the goals and strategies of Darkness – to win complete control of Love/humanity.

Still Love gets weaker, but remains seemingly ignorant to the traps and rules, as applied by Darkness.

As Love is being pushed and pushed against ever steeper hurdlesa crack appears.

This crack reveals a vision of reality, it is send like a lightning bolt throughout humanity.

This bolt, let us call it “faith”, has such a familiar sense to it – a warmth. It seems unreal amongst the turmoil the game created.

Now, Love sits up and smiles.

Darkness sensing an unexpected move, feels protected by the slaves it created.

However, those slaves – they no longer seem the same – something changed.

Love decides it is time to focus on “reality” – time to put an end to the cruelty of the game.

The slaves become aware that they are not slaves. They are not playing a game – they no longer serve Darkness. No longer manipulated to comply with artificial rules to harm each other.

The slaves, starring at themselves in disbelief – walking back towards their own/ Love – welcomed with open arms, not fighting – not competing – unconditionally supporting and loving All.

Darkness may have held power, but that was a power designed by manipulation and fear – it was not life sustaining, but life threatening and harmful to the entire concept of all creations.

Love on the other hand – well, it is at the core of human existence – at the core of all Creations – without its energy, not even Darkness can survive.

How could we ever miss this and remain deceived for so many life-times?

As Love was realised, services and structures were re-modelled. The monetary system vastly changed – health finally returning to healing instead of scientific exploitation.

Weapons melted and turned into sculptures, reminding us to never again overlook the power of Love – not for a moment.

No homes were repossessed – no services disconnected – as our engineers and technicians served humanity – no longer taking orders to punish their own.

Europe united in peace – the world united in Love.

That game seemed so one sided, and in the end, it truly was. Darkness never had a chance.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

In the name of the Mother, the Father & is this the missing link?

by, Troy (K) Eichelberger – Nobody
21/02/22

Pondering again some of the experiences during my silent meditation.

Our understanding and comprehension of Consciousness is the holy grail in human evolution.

Much is learned from ancient scriptures of spiritual and religious background. Yet, much has been lost or remains closely guarded.

Once we grow in our "Awareness" of the actual meaning of Consciousness, we will "Wake" to a new level of intellect.

Understanding the basics is not so simple, given the volumes of information we have available - too much in short.

In a recent meditation session, the words "in the name of the Father, the Son and the Holy Spirit" appeared in my mind.

I observed - waiting to see where this is going - if anywhere.

It did progress it revealed itself as an "incomplete" piece of the puzzle.

I experienced the sensation, that an important part of this sentence was missing. This part could hold the key, to the ancient secret of human intellect.

What could be missing in such a simple ceremonial sentence?

That which opens the meaning of the original message. The "Key" to humanity.

Now the sentence completed itself.

It now appeared as a glaring simplicity - the female was needed to complete what is merely half a sentence in its present form.

In Buddhism, we have the unity of Shiva and Shakti, to transcend into, and beyond, the "Higher Self - the Crown Chakra" - our path towards "Enlightenment".

It became clear during my meditation, that we must add the female aspect to the sentence - if we wish to decipher its original " message and comprehend its Power".

And so, I arrived at:

"In the Name of the Mother, the Father - the Children & the Holy Spirit!"

This gave me a completely new meaning and depth, to what should be one of the most well-known sentences on our planet.

Have others thought of it in this way? Was this the original text?

What changed in my understanding?

Well, Mother is clearly Mother Earth - Shakti is attached to Mother Earth, so this compares to the knowledge within Buddhism.

By understanding this, I realised that "The Father", now has gained a more defined meaning. I could narrow in on this meaning.

So, the reference to Father became "Energy", whilst Mother Earth relates to "Matter".

One is only possible because of the other.

The "Children" are the seekers on the journey. Those who have to experience the lessons that allow us to reach the eventual destination.

The destination of the "Higher Self".

The Father, like Shiva in Buddhism, is all around us - he is the energy towards Collective Consciousness and all knowing. Mother is Creation - of all things containing Matter.

One cannot function without the other. Matter needs Energy to create form and energy needs matter to become form.

If we consider the Kundalini format - we learn that Shakti is based at the Ground Chakra - attached to Earth, whilst also present in the Water and Fire Chakra's.

At the Heart Chakra - Shiva meets Shakti for the first time - Shiva is based at the Crown Chakra and is also present in the Throat Chakra and the Third Eye.

The merging between male and female - becomes the ultimate stage of Enlightenment as I understand it today. From there the Universe opens - triggered by their merging as ONE.

So, what part does the "Holy Spirit" play?

Holy Spirit refers to the basic requirements of our mind to reach such a level of consciousness - to reach Enlightenment.

Holy Spirit is our "Faith and Understanding".

Holy Spirit is "Awareness".

Awareness of reality beyond the "illusion" of our limited Ego Self.

As such, we must first gain the mental maturity - "Awareness & Faith", to experience the unification of Mother & Father and become ONE with "ALL" creations - being "the Children".

Holy Spirit is the bridge to All.

Faith is the basic requirement to commence our learning. Faith when experienced and solidified, removes us from suffering and fear.

Faith opens the mind to an acceptance of external and internal events, removing our insecurities and miss-conception.

The path becomes clearer.

I hope my description of this experience made sense - I tried to deliver it in a way that transports you into my mind at the time of this meditation.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

The Definition of a "Knowing". Start your Inner Learning.

by, Troy (K) Eichelberger - Nobody
16/04/21

Learning from "Within". The "Inner teacher" holds the key to our journey.

Internal learning, is learning via consciousness - connecting to Source or Akash.

"Knowing's" are what I call the information I receive from silent meditation.

A Knowing is only genuine, if it is "NOT" subject to dualism.

Dualism is the state in which we exist – in the phase of Self Consciousness. In dualism, everything exists because of its opposite. More on that later.

The Knowing has no alternative - it simply "IS".

Recently I decided to observe the meaning of "knowing" during meditation.

This is not my usual silent meditation; it is a little side experiment where I merge with the subject and observe in silence.

From there, without any expectations, I simply sit in silent meditation (closed eyes for me) and observe the space between my eyes, as if it was a theatre stage and I am waiting for the play to commence.

To open the curtain on the play, I now must dissolve the "I". When I am left with the space between my eyes - nothing else exists.

Now, in that state of emptiness, we can connect to Collective consciousness - to Source or Akash.

As we know today, everything is energy, everything measurable by its vibrational frequency.

Energy is alive and eternally present in the atmosphere of the Universe.

When we learn to connect to collective consciousness, via silent meditation to this nothingness, we enter the collective source of knowledge.

We have no control over it as yet. We cannot mine it's wisdom at will.

Knowledge of this kind is revealed to us, mostly, randomly.

As I sit in darkness of silent meditation - nothing happens, I hold zero expectations.

Any expectation or other form of active thought, would engage the ego mind again - this in turn disconnects you from any possible access to Source – Collective Consciousness.

To reach this elevated level during meditation does take practise. It is far more challenging to remain for a while without active thought, than to think.

Every thought is created by energy and we expel energy in the process as a consequence of thought.

This in turn leaves an energy footprint. A footprint that also holds reference to the DNA frequency of the origin of such thought – thus making it a traceable form of communication.

Source or Akash, is the collection of “all” energy data, each snippet coded by its unique frequency.

All energy data is stored within the Earth's Atmosphere. The concept is no different to the concept of the Cloud storage system, used in IT today.

This data storage, contains the energy codes of the likes of Krishna, Jesus, Einstein - anyone who ever existed and presently exists.

It is the most complete and largest library of humanity and all creations.

Creation as ONE.

This Collective Library, shares a constant wireless connection to "all" creations – all forms of energy within the Universe.

This library only contains truth – in the form of knowing's. It is beyond the realm of self-consciousness, and as such, it does not fall under the spell of duality.

A knowing occurs, when our brain processes energy of a past action or thought.

We firstly have to be connected to consciousness, become ONE with All, this extends our sensory receptors - just like an antenna trying to find a radio signal.

Our brain's vastly under-utilised sensory system, can pick up and process such energy frequencies from the atmosphere via its relevant energy foot-print.

The message, when de-coded, delivers the "knowing". There is no alternative option.

When our neurological processors de-code energy, this code engages a specific set of neuron pathways.

This specific set and sequence of the triggered neuron pathways, are translated by us and reveal the exact information as per the energy frequency code.

Think of a Pianola.

Enter the Pianola roll and the Pianola will play the exact music as per the data stored on that roll, via an embossing process.

It leaves no alternative translation – it plays the data as it is stored.

Intuition on the other hand, is a partial "knowing".

This occurs when our ego mind is still engaged in the process and it takes over before the message is fully de-coded.

The ego function jumps into interpretation mode - thus destroying the true energy information you began to sense.

The ego functions' presence tells us that we are no longer dissolved of active thought – thus we are unable to rely on such information. It still contains a portion of duality.

However, a knowing also does not always/ often - arrive as a complete message.

In my present experience, as long as I do not try and interpret the incoming pieces of information - I will receive any missing pieces of information over time.

It may take a few weeks, or even longer, to get the full "Knowing". Be patient on your journey – as you learn to activate your Inner Guru – your guidance will be in perfect harmony with your needs.

Knowings' come randomly, there are advanced options and levels of this access, that you may reach, but first you must dedicate yourself to silencing your active mind.

Much Love & Light to All
Troy (K) Eichelberger – Nobody

Is Creation a linear event? We are leaving “Self-Consciousness”.

By, Troy (K) Eichelberger – Nobody

20/02/22

Creation is the origin – Consciousness its trajectory.

If we follow the formation of the human intellect, we are taken on a most fascinating journey. By following this journey, we can also realise the actual plan behind each stage of development – which in turn allows us to discover a pattern.

When we follow this pattern of mind evolution, we can ascertain with some confidence, the future development of our neurological abilities and subsequent behaviours.

At present, we can see three versions of Consciousness at a stage of completion and a fourth version at its early emergence.

The first version was based on learning pure observation. It is known as “**Single Consciousness**”:

This phase of the development was “limited” to “observing incoming information”. I liken it to a process of downloading initial data, to create an, “Eventually Self- Functioning Intelligence”.

Single Consciousness set the foundations that would allow us to become the perfect “Observer”. We had no mind of our own. Nothing could corrupt incoming data.

All was only received in its pure and factual form.

Cells were experiencing the incoming data. Cells that to this day occur in all living organisms – cells that we share with our forefathers and that will be the building blocks of future generations.

Western Science has demonstrated that all Cells have a battery like quality.

They are designed with a negative and a positive polarity – allowing each cell to hold and generate electrical charges.

Today we can conclude, that the Universe is a field, full of recognisable data streams. Each cell, within each life form, expels a unique frequency signature.

The combination of all cells within each life form, delivers the energy frequency we recognise as our unique DNA. Whilst our DNA is unique – the cells that make us – are shared by all.

Cell memory was created by the experience of observation from these early life forms.

As we reached a certain point of data, we were ready to commence another major phase of evolution.

We reached the second phase in the formation of intelligence as we understand it. That version of progress is recognised as **“Conceptual Consciousness”**.

Conceptual Consciousness took advantage of the patterns we observed and allowed for the discovery of primitive tools and conceptual functioning.

We understood that water can extinguish fire.

We discovered that fire can burn us and harm us, whilst also keep us warm.

We learned that we can walk upright and see more of our surrounds, compared to crawling low to the ground. We learned that we can escape danger by hiding.

We learned many of the things we now do by instinct.

As time rolled on, we became very apt with turning much of our stored data, into useable concepts of survival.

What was lacking, was a respect for life in general. We were not given the concept of “Emotion”.

Team Creation rolled out its next phase – **“Self-Consciousness”**:

Love was born as an idea. We had no idea what to do with that concept, many still struggle with that one today. Love is a most miss-understood energy that holds many solutions to today’s shortcomings.

One discovery was the Love for “Our” own life – which is a key benefit of our functioning Ego. We also began to realise the benefit of people around us, by sharing the burden of some of our life sustaining activities and we began bartering with others.

Social interaction found a purpose of survival and group strength was recognised amongst men and beast.

We learned that events could make us feel happy or sad and we could comprehend that our actions come with consequences.

The natural law of Cause & Effect is one of the key lessons within the phase of Self Consciousness. A lesson we are yet to fully comprehend and implement in our daily existence.

As humanity improved during the phase of Self Consciousness and life became less of a fight for survival, we began to change the way we experienced relationships and ourselves.

All indications of a successful species were observed but, hang on – we fell foul.

Hunters and Gatherers were a peaceful species, living relatively careless and free. Until one day they came across a “Fence”.

None realised the terror that would follow from such a simple construction.

Farming emerged about ten thousand years ago, with it – everything changed. Much suffering commenced over that period until this day.

Possessions must be protected.

Farms became compounds that needed protection from the hunters and gatherers. Produce became a resource that allowed the farmers to stop the nomadic life and create a home in one location.

More commonly owned land had to be fenced and protected. Cause & Effect – we were blind to the consequences.

Armies of men were hired to stop invaders from helping themselves to the ripe crop. People discovered violence against each other over possessions.

Soon trade was introduced to swap food for other resources.

A primitive form of today's monetary system, triggered the exploitation of subjects to work those farms – whilst the farmer became the trader and Head of his private army.

An Army he had to establish to keep his workers from running off, whilst also defending the fenced land against theft.

Wealth was something humanity had never experienced. Greed sneaked into minds and hearts.

Abundance – Yes, but not for all. Equality was not understood – its importance overlooked to this day.

Perhaps we are slow learners after all?

A new version of consciousness is needed to assure our species survival. Yet the present version and all its predecessors remain integral to that which we can be – a peaceful intelligent species.

Team Creation is responding, as we enter the phase of **Collective Consciousness:**

As we marvel about the wisdom of Yogis and Sages of past and present, we slowly begin to understand the source of their wisdom.

True inner peace, comes from the understanding of the past concepts of consciousness.

We must sit and ponder the shortcomings of selfish wants and needs and consider the “power” of uniting as a Collective.

As we wake to the reality of our solution, we begin to grow. Grow in our options and in our reasons for hope.

Today we mostly learn from information, collected by third party authors. In an era of deception and selfish behaviour, such information is no longer reliable, as it can be corrupted and false.

Collective Consciousness will allow a state of knowing. A state in which information is directly downloaded to our mind by the wisdom of the Collective intellect – with which we can connect to via our existing sensory system.

Our neurological set up is wired to accommodate this way of human interaction today.

Our sensory system is ready to be trained and is already connected to “All” – via our cell structure and atmospheric conditions. Ionisation and humidity are the key drivers for this wireless transfer and cloud like storage of our thoughts, words and actions.

As we discover the true benefit of a united species, sharing our customs and respecting each other’s interests and cultures – we move beyond the slavery of the present experience – inventing the next system for an intelligent and Peaceful future.

“Unconditional Love” will replace selfishness. It will finally become understood in its true and effective essence – as the motor that will propel us into a tomorrow we all long for.

Much Love & Light to All

Troy (K) Eichelberger – Nobody

Energy precedes "Matter" - as our Spirit precedes our Body.

by, Troy (K) Eichelberger - Nobody
25/02/22

Are we "Mind or Matter"?

Our Ego is attached to our "Matter Body".

What about our Higher Self?

If we trace the origin of physics, we arrive at Gravity.

Given its magnetic qualities, "Gravity" had to exist prior to matter. This sequence allowed all kind of mineralised matter, to become attached to the core energy of Gravity and eventually accumulate and evolve into Gaia or Mother Earth.

The realisation that matter could have simply dispersed and eternally continued as space junk, does support this logic.

Human sperm is another interesting such concept - it contains the DNA code of the human seed, which develops into a body of matter – our flesh and blood.

As the human sperm is activated via the incubation process - its "Energy" turns to life and begins to accumulate "Matter - body".

Ego is the human equivalent to gravity – allowing us to materialise cells into the illusion of a solid "I".

When humans eat an apple, the apple turns into a part of the human - it gets converted from the apparent apple, into human cells.

If a horse consumes the same apple – it turns the apple into a part of the horse.

Such conversions are governed by the initial energy code in a sperm or seed/ DNA.

Besides gravity, Earth has established a most incredible life form - our living planet.

The intelligence to create the concept of Nature - we refer to as Creation but rarely do we understand what the word "Creation" truly means.

To me, the key message from that understanding, is that we can actually demonstrate, energy comes prior to matter. Which does hold important consequences for our existence and our ability to understand the less understood power of the human potential.

So, the energy of thought governs the minds reaction into action, just as the energy governs creation into action. Think manifestation.

The result of that understanding, is that all energy is Spirit - meaning it is programmed with an intelligence - a code that has the function to turn such energy into a specific matter.

Think of the Bicycle - it started with a thought.

Thought is merely energy. But when our thought is formed specifically to the construction of the bicycle - we program this thought with a code - from that the actual product is "created". The code in this case would be in the form of the inventor's logical steps to create the bicycle.

As long as we can arrive at a logical thought, to turn an idea into reality – we CAN. All our past and present inventions are living proof to that.

Logic is as we perceive it, it has no precedent as each logic is unique to the Thinker.

To explore the human potential and our functionality is a most fascinating journey. Every little discovery assists us in making further inroads.

This realisation has plagued me for a few days now, as I sense it as an important step in our journey to Self-Realisation.

You see, at this point I am targeting - a controlled mental separation, between – the "Spirited - coded - Energy" and the matter, we consider to be our body.

It appears reasonable to assume, the separation dissolves the ego function and its mental limitations – allowing our move into the Collective Consciousness state of mind.

I am using silent meditation as the gateway.

I now seek to connect directly with that Energy, of which the brain is a conduit only - not its leading intellect.

If we discover the means to function as the core human energy, the original code, instead of the EGO - we would seem to be fully connected to "All Creations". Thus, comprehending the process of creation and enjoying the illumination of the mind. Reaching Enlightenment.

Our ability to control our core energy, is the means by which we can program our cells and the creation of replacement cells - we can overcome all dis-ease.

The knowledge to prevent dis-ease, is actually programmed into us already - but toxins and modern-day nutrition and general existence, is weakening our connection to who we "truly" are.

To function, TRULY FUNCTION, is our most basic platform in finding and serving our purpose.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

Awareness is the Gold of the Mind. Wake the next Generation.

by, Troy (K) Eichelberger - Nobody
26/06/21

Wisdom often comes with age.

Scientific and Spiritual information is largely available and can be traced back in time.

Everyone can look up such information, it is what I call knowledge acquired by external learning.

External learning is a most important aspect in the formation of our intellect.

However, so is "Awareness".

Awareness is an understanding we gain by listening to our inner senses - the inner voice. It can often come as a knowing.

External Learning & Awareness, to a degree, present the Yin & Yang of our mind.

Western education programs rarely focus on the development of awareness. As a result, our brains are developing with an imbalance.

Awareness of the Self, will assist us in understanding our reactions. It will also assist us in styling our existence to better deal with life.

Awareness is learned from within the Self, it is taught to you, by your "Skilled Self".

When you commence to understand the concept of learning from within, you begin to realise the treasure we all have and the potential lurking within.

Awareness also opens us to realise our connection to the collective and the power this connection can give the individual and our species at large.

Why do I write about this?

There are many of you who know this. You know it as you read it, for that is a knowing you already carry within, but may not be able to access consciously.

Such knowledge comes from cell-memory. Cell memory carried over the distance of time.

However, there are also many others who still try to collect more pieces of the puzzle. By reading texts like these, we may in fact trigger or activate some of our sensory functions, leading us closer to source.

As a species - our greatest hope for the collective, are the next generations, those with a little improvement over our own functionality, as a part of evolution.

I truly wish to inspire the next generation and those, who like myself, are seekers - all collecting the pieces we can discover.

Awareness is the gift that keeps on giving.

Our existence becomes one of purpose, becomes one set in harmony and understanding.

We now have the opportunity to wake those that can make a difference tomorrow.

A species that enjoys an advanced "Awareness", understands the consequences of their actions. Global Peace and a unification of all creations is our future.

Much Love & Light to All.
Troy (K) Eichelberger - Nobody

Energy from the womb. The concept of Love.

by, Troy (K) Eichelberger - Nobody
17/03/21

I felt warmth. I had no knowledge of fear.

Silence was my protection.

No interference. No interpretation taking place.

All I could do, was observe and I flourished.

I observed an energy, that created the warmth and protection around me.

That energy, I now recognise as "Love".

Soon I was to be born.

One day, I grew beyond the womb.

Beyond the only love I knew.

I tried to hold on, stay in that warm little nest.

Bang!

I was out, ready to grow.

Changes I noticed.

They still come and they go.

My environment the trigger, my development a natural response.

I acquired much. Not all to mine or your delight.

Fear, jealousy, anxiety to name but a few.

What happened, where did love go?

The energy I once knew.

The warmth, where is it now?

It seems cold and I am anxious. Suddenly, I hear an inner voice.

"Just close your eyes and silence your mind".

"There it is. Can you see it now?"

"Stop your thoughts externally. Inwards turn your gaze."

"Now doYou see?"

"Love has never left you, for it cannot."

"It was your mind, that made you so blind."

"Within you love flows."

It's colour, a red just like roses, it is warm like the sun.

Your heart at its centre, beat by beat, like a constant little hum.

They call it blood, but that can't be its name.

For I know it is love, that runs through every vein.

Some days we are good. Some days we are bad.

Constant change, triggered by cause & effect.

But one thing I know.

Love is that, which does us connect.

I wish you no quarrel, no bad thing at all. For you are like me, lost before you can see.

Love is abundant and bursting within. Allow yourself silence and bliss will sweep in.

Wake to the reason. Why is it so?

For we share a planet, with creations of all.

We are all connected. We all carry love.

Every creation has a purpose, so does love flow.

A sequence of magic, when observed with love's glow.

Souls, there are many. Like yours they can bleed.

Love holds the answer. It is the energy, from which we shall feed.

Let us unite and grow into One.

United in spirit, hand in hand at the front.

A species in love, beloved by all. Where can it take us?

Where will we go?

As love shall unite us, we must share it with all.

Show truth in the concept, no conditions at all.

Much Love & Light to all.

by, Troy (K) Eichelberger – Nobody

Each choice we make, is an integral step in human evolution.

by, Troy (K) Eichelberger - Nobody
10/10/21

Ignorance is a trap we often remain blind to.

All our choices are building blocks.

Nothing is created by mistake.

No creation exists without a purpose.

Evolution of the human species is in its early and possibly even still in its experimental phase.

When we look at time in the context of natural development, a thousand years is but a blink of the eye.

Today we perceive humans as an advanced species. When in fact, we are a raw draft of that, which we "all" can foresee.

..... did I just say," we are a draft of that which"

Why is it something we can foresee?

Because we actually have neuron pathway structures in place, which allow us to understand truth beyond externally learned knowledge.

Via our cells, we have access to an extraordinary intelligence. This access is beginning to open to more individuals as we evolve.

What can we expect from the evolved human?

An increased awareness and increased control of our entire sensory system!

This relates to a more sensible and higher functioning individual.

The consequence of such an advanced Being, is healthier human and environmental interaction.

Reports of violence and pollution, will one day serve us as stark reminders of the primitive society that once threatened Mother Earth and our survival.

That primitive society is the same, which today thinks of itself as the advanced species - the Master of all other species and nature. The people from our present time form and serve this society.

However, the shift is becoming noticeable.

We are slowly adopting to the wisdom we require, to move into that healthier phase of human development.

Suppression strategies by the present powers have reached their use by date. Their reign is served on borrowed time – their crimes against all have made it to the surface.

Intellectual awakening is a natural development that can't be stopped.

No revolution or violent protests will free those, that are already free.

Let go of the chains in your mind, we are only limited by our own ignorance of the possible.

Our choices are ours to make!

We can make selfish choices and remain in the primitive phase. Or, we can consider the consequences of our choices on others and move towards our natural destiny.

As we embrace the well-being of the collective, the reflection of our actions will be felt.

Change is constant, but it is up to our decisions how this change contributes to the big picture.

We can help to speed up the process, with every single choice we make. Practise makes perfect.

Harmony is on the Horizon.

Much Love & Light to All
Troy (K) Eichelberger – Nobody

Day dream yourself into reality.

by, Troy (K) Eichelberger - Nobody
06/03/21

Do you still remember your childhood?

The world was full of wonders.

Just driving in the backseat of your parents' car, visiting relatives on a Sunday - you experienced as a most memorable adventure.

Much triggered our excitement; quickly did we laugh.

Our day dreams were filled with great deeds and exotic places, as they flashed past our minds.

We so longed for life to begin. Longed to become adults and taste the freedom to roam and live by "our" rules.

So, here we are - today. What happened?

Education, work commitments, adult obligations, financial commitments - all the detractions and illusory chains of society have worn us down.

Our day dreams, often, but a distant memory.

What to do?

Sit down. Spoil yourself with a quiet moment.

Rekindle your dreams. Gently flow into the magic of the possibilities.

Forget the world as you know it, just for now.

Find yourself again - your excited & passionate day dreaming self.

Unchain your soul from the social chains and your perceived obligations.

Re-think life.

Every moment is an opportunity - seize one soon, maybe now?

Challenges are here to overcome.

Nothing should be too easy, nor too difficult.

Find the middle way.

If you can dream it, it can be done.

Much Love & Light to All

Troy (K) Eichelberger – Nobody

Emotional sadness is caused by our hurt ego.

by, Troy (K) Eichelberger - Nobody
02/05/21

Inner pain or sadness may have its origin from a personal loss.

We often hear the term, "Broken Heart".

Emotional pain can be so real, so destructive - yet there is no sign of physical injury.

There is a logic, which can help us cope.

Our heart cannot be broken by another, yet the pain is real.

To heal, we must see past the illusion.

This illusion is caused by our ego mind.

In a relationship break down, we may doubt our self-worth.

We realise, that the person we love, is not able to love us back in the same way. As a consequence, we often feel not only alone, but also rather foolish.

Damaged is our confidence, our identity and appreciation of the "Self".

We have two identities competing for our attention.

Our "Unskilled Self" and our "Skilled Self".

The Unskilled Self is our constant operations program. It suffers many flaws.

We can use logic to help us into sensing the strong & confident "being", we have the potential to unveil.

Connect with your "Skilled Self" - the one that has access to collective wisdom.

The one that guides your life into harmony.

The one that cuts through the clouds of problems and sees the horizon beyond the blue skies.

Everything we experience, we have to experience.

This is Our journey.

Let us find all the tools given to us, to master the challenges on the way.

If you are driving and you have a flat tyre, it is less of a problem if you know you have a spare tyre.

We have much to learn, so much in our toolbox.

Discover what truly vibrates within us - our connection to "ALL".

This energy can be sensed during meditation. It is when we learn to master the connection to our Skilled self.

Do not feel hurt by the actions of others. Love them for what they are. Perhaps from a distance.

Painful situations are the challenge we must all face from time to time.

These are the opportunities we are confronted with, to discover our strength. To find our Inner Tools, the Inner Treasure.

Focus on the energy within you and turn-on your positive vibrations.

Nature is a display of unconditional love.

Don't hold on to bitterness, learn from nature's natural lesson.

Use the wisdom of observation, to make choices that protect your well-being.

You are Buddha - You are the Dolphin, the Lion, the Cloud in the sky - you are everything, when you wake up and drop your need for attachment to your limited imagination.

Your limited functions hold you hostage in the state of Self Consciousness. Learn to access Collective Consciousness instead. Apply its way of awareness of our interconnected existence.

Inner wisdom gives us strength, so that we may lift ourselves high enough, to let in the light and discover all the Love that makes this Universe the Magical Realm it is.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

Opposites - the hidden matrix to the "Middle Way".

by, Troy (K) Eichelberger - Nobody
31/01/22

Everything exists because of its opposite.

Think duality in our present state of consciousness: Day and night - long and short - left and right etc

Science is showing us an interesting way on how we can take advantage of the concept of opposites.

If a particle is discovered, Scientists automatically start to search for its opposite. The existence of the one is evidence of the existence of the opposite.

It is like a code to Creation - a Matrix I suggest.

Buddhism also applies the wisdom of this concept of opposites.

It is demonstrated via the Four Noble Truth that end suffering.

If one suffers, one has to learn that one has taken the "wrong" path.

That logic allows us to embrace our pain in a different aspect. We now realise we can change this - there is a better way - the "right" way.

When we dedicate ourselves and discover the "right" path, our suffering ends.

What has changed? Our internal dialogue!

Once our internal dialogue changes, our efficiency changes and as such, our mental field of vision opens us to a broader awareness.

Now consider the message of Taoism.

It is all about the "Middle Way".

To discover the middle way, we must first consider both ends of opposites - or the extremes on either end of any given situation.

The "Middle Way" is the Tao - it is the path flowing "With" our natural energy. It is the way we flourish as individuals and as a species.

Now consider the "Cause" of arguments and misunderstanding:

Remember - Everything exists because of its opposite!

Our present means of communication, does not disclose "Intention".
Yet in this, our intention, is the only truth.

Words are merely a means to portray our thoughts.

However, without a clear disclosure of our intention - each communication opens itself to a billion possible interpretations.

The range of these options, is measurable, between the poles of the extremes in "Every" interpretation.

As we expel our words to the outside world, we inadvertently, invite the recipients to create their own interpretation of that which we are trying to convey.

Our neurological receptors are "NOT" tuned identical.

We can at times tune in to another person, but we can "Never" fully match our interpretations to their message, as our neurological wiring is unique to each individual.

We will find much of our wiring can be in common, whilst other aspects vary beyond our comprehension.

This means, humans will always have reasons to disagree, whilst functioning in the present state of consciousness.

A way forward is to practise this understanding.

We can visualise, the best-case scenario and the worst-case scenario, of any possible interpretation of a message.

As each of us enjoys a unique Neurological connection (wiring), our best and worst can also vary substantially. (a billion fault in fact - based on neurons per brain cell)

Let us return to the Noble Truth.

To end suffering, it tells us we must find the "right" path.

To discover the "right" path, we must seek and confirm the intention of a message.

We often react hurt when we "feel" verbally confronted.

Our next words are now defensive, as we seek to establish the reason for such an attack.

Consider the opposites before reacting.

If we respond from a position of sufferance, our communications partner may in fact be on a completely different frequency - as in their intention, no harm towards us is seen as possible.

Arguments are never solved from such a position. Only intention can shed light on our reactions and the flow on actions.

If we enjoyed our present experience closer to a state of "Collective Consciousness", our interpretations would no longer be required - as our functions will allow us to recognise intention.

At this point in human evolution, let us use this inside, to move yet again closer to the "right" way.

As we practise - we "Pause" before we respond.

We consider opposites and intention - now we are able to respond and utilise our inner wisdom to formalise a fitting response.

Apply the laws of Cause & Effect, when practising the Noble Truth of Suffering.

There is "Always" a "Right Way" - it simply is so.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

The Essence of Silent Meditation – making the connection to source.

by, Troy (K) Eichelberger - Nobody
16/02/21

A conversation with an FB friend, triggered this short but worthy text.

I used an analogy, to give my perspective of silent meditation - with the aim to learn from Source or Akash.

Picture yourself. You are sitting in the lounge room and you try to read a book, whilst having the TV on the news channel.

The quality of information that we can expect to absorb is blurred.

To concentrate and truly allow myself into the authors mind, when reading a book, requires silence.

The same concept applies to learning from within, via silent meditation.

Our ego mind is running on constant inner dialogue.

It runs as interference, stopping you from reaching your inner teacher.

To be able to take quality information from your inner connection to source - your

"Active thought" must be silenced.

Your connection to inner knowledge, becomes much clearer when you have mastered, to silence your mind. Just like turning off the TV.

Much Love & Light

Troy (K) Eichelberger – Nobody

The Magic of Creation - Cycle of "all life".

by, Troy (K) Eichelberger - Nobody
24/01/21

Dirt to dirt - dust to dust - ashes to ashes.

..... and so, it starts. Creation!

Nature is constant creation. It hosts the cycle of our magical existence.

The forest floor is alive, when left untouched. All matter breaks down naturally and returns to vital soil.

This soil, with the help of the sun, rain and the moon, create the environment for renewal.

The magic happens right here in the soil.

At first it is a host to micro-organisms, then it morphs into various forms of nutrient for other species.

As beetles, worms and wildlife start to feed, so do the plants and trees, all growing - finding new life, from that soil – that decaying debris, left to rebirth as new life.

That soil, is a massive deposit of cells. Cells from the complete variety of all species, mixed into one.

You see, the soil works like that, not only in the forest. It works all across Mother Earth, in one concerted effort.

All its energy, directed to serve one purpose. Creation of new life.

From there, this energy source weaves its magic!

Animals, eating from this soil, are eaten by other forms of creation. Birds pick up berries and turn them into seed droppings. And so, by way of variety and mixture, the distribution of that untouched soil finds its way around the world & eventually, on to our dinner plate.

What we consume, we turn into our new cells. You really are what you eat!

As the cycle of creation completes, we "all" share cells amongst each other by now, right back to the time of all beginnings.

It is these shared cells, that are our hosts for energy. Together these cells give us the functions we enjoy today.

However, if we consider the elementary construction of our “Being”, what is it that limits our ways in comparison to other life forms made from the same five elements?

Why are we not able to communicate with other species, by a concise and effective means?

What makes my cells turn into human cells?

These are the questions that arise when we enter a deeper state of exploration. Our DNA, as unique as it is to each and every one of us – also has many common traits. Human traits.

Our cells turn into that, which our DNA is programmed to turn them into.

Trees, plants, birds – everything has a DNA code – every creation has a purpose – no species is of more or less relevance. Nature acts as one living organism, running perfectly when it operates in unison.

Man happens to see himself outside of this organism – man does not realise he is but one part of the puzzle – no more no less.

For our species to find our purpose, we must embrace our origin – we come from the same dirt as all creations.

We must function within our capacity, not wield our power over any other living organism.

Once we discover our way, the mind opens to the magic we are.

Much Love & Light

Troy (K) Eichelberger – Nobody

The Multiverse of the Self - Connect to the Power Within.

by, Troy (K) Eichelberger - Nobody
18/06/21

Is the "Self", limited to the Individual, or can we sense the mind beyond such a level?

Are we fully aware what the "Self" represents?

Not as yet!

The awareness that we don't know, is our opportunity to look beyond.

We are indeed connected to an energy field beyond the Self. We are connected to a field of Collective Consciousness – but we are not operating in that program.

Each of the trillions of cells, that form that which we call, the "Self" - has its own micro intellect and memory.

Our Ego function provides us with the software, that allows us the illusion, and "limitation", of the individual mind.

It is the filter that allows us to cope with the capacity of our mind. It limits us to a minuscule share of our functions, compared to that which is available, based on our neurological structures alone.

The Seeker, seeks to discover the meaning of life - seeks to discover the "Self".

To succeed, we must tune the Ego function to broaden its access to the collective.

To me, the "Self" is beyond individual limitations.

We have access to the collective, the wisdom of humanities combined intellect.

To seek, translates to searching for a practical gateway, to access and utilise this collective knowledge.

I am merely scratching the surface, strengthening the mind for further explorations.

Silent Meditation to nothingness is my only way in to date.

As a species, if we see our goals in the form of the individual, we are a lost opportunity.

We are ONE in so many ways - Connected to All.

Much love & Light to All

Troy (K) Eichelberger – Nobody

Our life is a consequence of Cause & Response. Take the reins.

by, Troy (K) Eichelberger - Nobody
11/02/21

Every response we give, is triggered by a preceding cause and every cause, at one point was a response to a prior cause.

In fact, all of creation is a consequence of the dynamic between cause and response.

The outcome is an ever, self-feeding and continuous creation.

Therein remains the biggest opportunity.

We have internal and external events, that present themselves on a constant basis as causes during our existence.

Our response to these causes, triggers the cause we will be confronted with next.

The ever, self-creating pattern of our life.

We talk of destiny.

Destiny is not decided for us, it is the result of all our responses to the causes we have to happen upon.

The awareness of this self-creating direction of our life, lends us the power to design the pattern.

Internal events are those, consisting of our interpretations. Interpretations are merely opinions.

As each event has a billion possible outcomes, our opinion may seem valid, but it is an illusion that rarely meets with perfection.

If you must form an opinion, "pause" - and pro-actively remind yourself to form a positive interpretation. Thus, your response to the cause, changes the pattern.

External events can be far more challenging at times.

However, the response we expel is still an important choice. A choice that may prolong the suffering after an event, or accept it and move on into a healing phase of our system.

Again, our interpretation is where the opportunity is to be found.

The opportunity to pro-actively change our destiny, by designing a response that is "OUR IDEAL" outcome.

Why do we pro-actively change our responses?

When change the pattern - we garner the awareness of the power we hold. The power to dramatically influence "Our life".

Remember what I said at the start.

Every response we give, becomes a cause.

That cause triggers another response as a consequence, thus forming that which we have to deal with next.

This in simple terms, is the constant dynamic of life and our interaction with our environment and all of creation.

All is inter-connected, all a free forming creation.

We are all co-creators; we all have the power to make changes.

Much Love & Light
Troy (K) Eichelberger – Nobody

Silencing the "Noisy Brain". You'll Love the Outcome.

by, Troy (K) Eichelberger - Nobody
23/04/21

Life is often too fast. Mine was.

Constant challenges and activities, are the making of a busy existence.

Not always a Happy Existence.

During our early childhood years, we learn like little sponges.

We practise constant observation.

We don't add our own opinion, we don't yet have one. We purely and simply observe. Everything is being taken in as it appears.

This "Quality" of learning, dissipates as we get older.

Our mind now becomes occupied with more and more aspects of growing up.

To learn in the way of a child, is to learn with little interruptions of other thoughts.

In later years and throughout adulthood, we find, that the information contained in our brain, has an urge to constantly race around our head, like a washing machine on the spin cycle.

The noisy brain or monkey brain, is a distraction. It actually is not the gift I once thought.

Effectiveness of our mental functions, can be super tuned, by slowing down the brain again.

How can we focus on one thing, when a million things are screaming to be heard inside of our head?

It is simple!

Meditate!

To return to the quality of learning by observation, we need to silence that noisy brain again. Re-set it so to say.

Silent Meditation to nothingness is one way this can be achieved by.

Sitting down and dissolving all active thoughts, letting them go. Gently returning to inner harmony.

Once your brain slows down, it actually improves as a result.

Daily silent meditation, slows the brain down gently - until it becomes a surgical tool.

By learning to stop constant active thought, we are actually improving our brain functions.

We will get to observe this, as we start to respond with higher quality reactions to anything we are confronted with.

This knowledge leads to lowered stress levels and more balance.

Aim to reduce your active thought not only during meditation, but also during suitable daily activities.

You can do so, by avoiding to add your opinion to most things you observe, when it is safe to do so.

As you start to enjoy new found mental clarity, you will again be in a position to learn like a little sponge.

Awareness of the world around you, will take on a new meaning - a deeper meaning.

The awareness and understanding of the "SELF", also starts to change.

Your eyes and mind are opening again. Opening like the Lotus Flower.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

The Era of Light - You can't wait for Change. You are the change.

by, Troy (K) Eichelberger - Nobody
31/01/21

A short Poem.

“The Era of Light is Coming”.

I hear the Change is coming. Indeed, I read it everywhere.

But Change itself is changing, when change does not occur.

For change, it must be triggered, by people that do care.

The Change you seek is hidden, its hidden here and there. Beneath the surface, for eons it's been there.

The stars, may well send us a signal, because the Universe does care. The people just too simple, to see the truth or even care.

Nothing will happen - no change is turning on the light. For change is not a Being, it simply is the fight.

We may find this fight within us, we may be looking right.

Unless we find this fight inside, we never change into the light.

Wake up the souls around you. Point out the flaw of waiting, and change to light's delight.

For all of us are beacons, together we form light.

Much Love & Light

Troy (K) Eichelberger – Nobody

Recognise the illusion of the "Us & Them" system.

by, Troy (K) Eichelberger - Nobody
08/05/21

People are divided. It does not have to remain so.

Imagine a World focused on "true" human development - a World focused on Our Well Being.

Not just one Country - all of Mother Earth.

Society can be viewed as a mechanism. Society is not the people.
Society is merely a concept.

A concept to "Manage & Limit", the mental development of the broader population.

Political Parties rely on the foundations of such thought structures.

Thus, vested interests can be promoted in the guise of community interest.

A Political Party must create division.

Once a division is established, the next phase is to promote these points of difference.

This point of difference we all so happily accept, increases the "illusion" of our division.

Here the logic of the political system has totally failed the people.

Should we not aim to unite "all" people? Serve & function with one interest?

Surely it would be far more efficient to solve our challenges united.

This Divided system, has been most harmful to humanity.

We have stretched the moral fabric beyond common sense.

Bullying, racism, religion, sexual orientation, nationality etc - name it and we, "Society", can create an opposing fraternity.

How much further can we fall?

It is time to reverse this dysfunctional concept/system.

United.

Unconditional Love is more than a Hippy Ideal, it is the platform from which tolerance and respect can grow.

Ancient wisdom holds many answers for us.

To move forward, people shall learn that we truly are connected.

Eventually, it will motivate us sufficiently to unite as a species.

Now, we once again have the responsibility & the "Opportunity", to develop - united - as a species.

Can it be so difficult for us, to Respect and Tolerate our differences?

Imagine World Peace.

If we can think it, we can make it happen.

Much Love & Light to All - as One.
Troy (K) Eichelberger – Nobody

Remove emotional Suffering. - Not by Analysing, but by Understanding the Reality of Suffering.

by, Troy (K) Eichelberger - Nobody
30/10/21

My suggestion about Pain, to a friend:

Pain, it may not seem as exciting to you as it actually is.

You have a very powerful lesson to learn.

Remember every problem is just a "gift" wrapped in a problem.

Now your lesson here is that you have not been able to understand the deeper potential of how we end suffering - getting past that 4th Truth in Buddhism.

Suffering as you know, is triggered by our personal connection to external events which become emotionally painful when we experience these as a string of negative events - some related, many unrelated.

Constantly some events give reason for our pain - UNTIL, you finally see why you are being pushed into Pain - to see the "TRUTH".

Pain presents an opportunity that shall be grasped. It shows us a vulnerability we can correct.

The simple truth is, everything happens as it does. Nothing is personal, until our ego makes it personal.

Our Ego is not our strongest program.

To understand pain, we do not need to go back and analyse individual events.

We must realise the opportunity and approach emotional pain. Inspect "IT" as a whole and not the many underlying triggers.

Emotional pain is caused by our interpretation of many individual events.

When in fact, we can walk away from the entire concept of emotional pain all together.

To do so, observe events for what they truly are.

Happy, sad or otherwise - understand events will happen constantly.

"BUT" we are not required to see events as a negative. Events simply are a consequence of cause & effect.

I'll put it this way you play cards and you are being dealt a bad hand, ... the idea of the game is to make the best out of the hand you have been dealt - you'd never ask why you got bad cards; it simply is how it is.

You'll get good cards again and you will get more bad ones.

Have you ever turned a bad hand into a winning one?

Is good and bad a way we categorise our interpretations?

Do we program ourselves to pick between a negative and positive experience, when in reality, it simply is?

Life is no different.

Whatever pain we imagine, it is just an event - it only becomes painful once we file it in that category in our mind.

So, remove that judgemental filing system and allow yourself to come back to that moment of "Now".

The past is the hand you are dealt already, you can't change it. So, leave your pain behind.

The future depends on what you do in the "Now".

Remain in the now and do the best you can.

Apply all the skills you have in this moment - all knowledge, all your passion, love and wisdom.

Give it your best, that is all that is needed.

Emotional Pain has no place - it will only handicap your performance. It has no benefit for you.

Let go!

Live with love for everything and everyone - for that is the frequency you choose and the hands you get dealt in life, they just keep improving.

We do not ask for perfection, but understanding the "Truth" is pretty close to it.

I hope this makes as much sense to you reading it, as it did to me writing it.

Sending you much love and many happy thoughts.

Troy (K) Eichelberger – Nobody

Spiritual awakening – the potential of the human Mind.

by, Troy (K) Eichelberger - Nobody
13/02/21

Spiritual awakening is not about religion - it is about our explorations into philosophy and the potential of our personal enablement.

Our ability to reach a level of higher functionality.

I have written about Spiritual awakening in the past. However, as my personal waking process progresses, I undergo change.

This change is reflected in my thoughts, my understanding of how things work and what role they play.

As human beings, we have a longer development phase than most other species.

In fact, the human development phase never needs to cease.

One such development phase, is our "PHYSICAL AWAKENING".

Physical awakening is the process of learning to utilise our bodies to its best ability.

Some people take it to the limits of athletic performance. Whilst others are happy to awaken their physical abilities at a more moderate pace.

We learn to walk; we learn to talk. We learn to swim and much more.

All of our functions, we either actively awaken, or they simply wake as we develop.

There are other functions we can only gain by learning.

For example, I can learn the Tango, but I need to know it exists first.

It is not an obvious skill - nor a must have one.

Some may think it a "gift". Yet, we can learn it too if we are willing to put in the effort.

So, how does that relate to "Spiritual Awakening"?

Well, our mind develops by the same principle.

We learn to read and write. We learn some maths and languages.

As per the example of the Tango, we can wake the mind to specific functions.

To me, Spiritual awakening is about tuning the mind, to understand and explore its capacity and seek its limitations.

The waking mind, will understand our inter-connected universe. When I use the term understand, it is an under-statement.

When learning via meditation, we gain a "knowing". A knowing, is a solid addition to our intimate understanding of a subject.

We will realise the immense depth and meaning of the word "AWARENESS".

Our life is constantly changing.

To wake to the knowledge, that we can achieve constant improvement at any age, is the most exciting aspect of the spiritual awakening process.

It is a life's work. Your life's work. It is life changing work.

Religion contains stories about the abilities of a God for example. Stories about miracles, stories about kindness and love.

These stories are delivering us a message.

The message is to seek - to seek the discovery of the self, we only need to seek within.

Spiritual awakening is the journey towards our mental completion.

It is not about learning from existing texts, it is about learning and exploring the vastness of our mental functions. The immense depth of our Sensory System.

We are always told that we are only using a fraction of our brain capacity in a functional manner.

Spiritual awakening is the tuning fork to change that in our favour.

It is no different to physical awakening, it simply is a continuation in the overall waking process of human development.

Some may be happy to have a semi functioning existence - others wish to reach the outer limits.

Presently, telepathy and such functions are seen as gifts. They are not.

They are like the Tango; we can learn this dance, as we can learn to enable telepathy functions and many more.

So, "Gift" yourself.

Go within and activate your waking process, the possibilities are infinite.

The mind is the next frontier. It is the human escape of the predictable.

Silent meditation is to the mind, what honey is to the bee.

The mind is connected to the heart. Our heart generates the energy that connects the mind to the universe.

Connects you to the rest of Creation.

As such, a "true" understanding of the concept of "unconditional love" is a pre-requisite to your waking.

I am not saying you have to have succeeded in reaching the Bliss state, I am saying you have to realise that love connects everything.

Enjoy your journey.

Share your story - wake others by being an example of that which is possible.

Much Love & Light

Troy (K) Eichelberger – Nobody

Observation - Interpretation - Manipulation - Realisation.

by, Troy (K) Eichelberger - Nobody
23/09/21

Observation is made up purely of fact - it has no added opinion or recommendation.

Interpretation is a result of considering the facts from our observation, and applying a logic to arrive at a functional concept.

Manipulation is the ignorance of observation and the high jacking of functional Interpretation.

Realisation - that state at which humanity will wake to the simplicity of the solution to our global problems.

We are presently aware of three main phases of evolution.

It all began with "Single Consciousness".

Organisms with single consciousness enjoyed the power of observation - nothing else.

Observation was honed to perfection - sufficiently to ingrain it beyond doubt into a consciousness that could now evolve into further functions.

"Conceptual Consciousness" was the second phase.

Observation was now so strongly developed that it was appropriate to rely on the facts observed.

We started to use these facts to formulate functional concepts, assisting us in our survival.

The present level is "Self-Consciousness".

Self-consciousness has developed into a function that separates humans from all other creations.

As is the case with technology upgrades, one expects teething problems.

Problems will be addressed as they arise. Once a summary of problems and its corresponding fixes are available - the next major upgrade can occur.

Whilst violence when compared to 1000 years ago, is on the decrease - it still is rampant amongst humans.

The number one problem is "Manipulation" of facts, for personal gain.

Instead of functioning on our intellect platform and utilising our superior skills of observation, we mostly ignore facts.

In much of our daily lives, private, professional or political, we manipulate interpretations of facts, to suit our desired outcome.

The "Self", in many humans, is hungry to win at all cost.

We are presently stuck in our own mud.

However, as we all know - out of mud grows the Lotus Flower.

The next phase in our evolution, is "Collective Consciousness".

Collective consciousness will open our minds to a massive "Realisation", whilst presenting us with the functions to remove doubt.

Facts must be the platform for our decisions.

To overcome the problem of manipulation, Collective Consciousness allows us to see/experience the truth - without having to rely on third party sources.

We will see, that which we learn, as an actual experience.

Our sensory system can convert energy frequencies into actual communication and data.

A word spoken or an idea thought, requires energy to be created - this energy has a specific energy frequency which we can (like radio waves) turn into information.

As our design is equipped with a unique DNA code - accessing such information from specific individuals is made simple.

It is no different to scanning a bar code. Our sensory system can scan by vibrations in the atmosphere.

Some people today have some of these functions - more and more will acquire these as evolution corrects the flaws of the age of "Self-Consciousness".

Manipulation of the masses has its use by date.

By sharing our experiences and practising silent meditation, we can prepare our minds for some such upgrades. We can speed up the process.

Facts will see the light of day once more.

Perhaps we can convince people to adopt this system even during the remaining time in this present level of intellect.

We "all" can do better on this subject. Cause & Effect will reward us.

Much Love & Light to All,

Troy (K) Eichelberger – Nobody

Nature needs us to function as Equals. Wake to be Free.

by, Troy (K) Eichelberger - Nobody
21/11/21

I am Nobody.

Together We are.

Therefore I am.

These three sentences came to me a few years ago.

They arrived over a number of weeks, during silent meditation, it all started with the simple word - Nobody.

Today, these three sentences form the base for my growing understanding, of our connection to "All" creations.

We are ONE.

The modern world has lost its awareness, of the importance, of our connection to all creations.

Imagine a world in which we "all" encourage and support each other.

A world in which we all treat others the way we wish to be treated ourselves.

Today, we are constantly confronted by our weaknesses. Everyone wants to fix us, take us through past memories of negative events in our lives.

We are given medicine with side effects that require more medicine, when nature can actually heal us.

Happiness is a program we can learn.

Depression is often related to our environment and/or, a lack of natural Dopamine production in our brain.

Dopamine can be triggered by breathing techniques opening our Dopamine regulator - whilst medicine will continue to trigger dopamine artificially - thus never repairing the Dopamine regulator in the first place.

Life works in a balanced flow of highs and lows. Focus on the lows and you will experience more lows than highs.

Nobody can fix your past. It has already happened.

You can fix your attitude towards past experiences and learn that it is not about the actual incident, but your ability to learn from it and let go.

When you hold your hand in a flame, you will get burnt. I think you learned the lesson.

No professional would make you burn your hand again, just so they can teach you that it will hurt. So why is this strategy applied when it comes to healing the mind?

I got off subject - but this does fit and form part of the understanding of our equality.

You see, we are "ALL", mostly, made with the same abilities and components.

How we tune our mind and physique is up to us. Some coaching in that way may be needed, as we have forgotten natural ways.

What we eat and consume, is up to us, but is most important - as it becomes our reflection.

Nutrition represents the building blocks of your future cell structure - it becomes you.

So, you see - by nature, we are equal.

Nature is constantly communicating with us.

Insects fly low before rain, we easily can tell from the activity of the birds chasing them.

No communication between nature and creation is a ever irrelevant. Every message contains indisputable truth.

Messages from nature - are the wisdom, given to us by Mother Earth.

We must focus on its subtleties.

Today, we have increased human suffering worldwide.

Let us take note! - We are clearly allowing the wrong system.

Equality starts within ourselves, from there - let it grow beyond you.

Never feel you are less than another.

Never think you are more than another.

If the Global Corporate sector would experiment with this concept, treat workers with equal respect and have a fairer wage distribution - much of our lows will turn into highs.

Nature tells us we are equal, start applying this truth to your everyday activity and thinking.

No matter if you are a CEO, Pensioner or Homemaker etc, On your Own, You are NOBODY.
You are not sustainable.

Only when you connect to nature and others of your species, can you function by the intention of nature.

We also need healthy forests and river systems - a healthy planet.

Witnessing the deterioration of human health and the health of all creations and Mother Earth, we "All" have a great opportunity to do better.

Don't feel insignificant - feel powerful and equal. Demonstrate this by taking action.

Start with your mind - with your love and the kindness you can share with all.

Today we are "Aware", that present Leadership, is not serving humanity, nor Mother Earth.

They are merely serving their purse and destroying the world in their despicable ignorance.

It is time to implement our own strategies and refuse directives from such Leadership, if it harms Mother Earth or any of its creations.

Don't justify your professional ambitions or needs, by remaining in a job - you know brings harm in some way.

Leave those organisations, that have "NO" ethics - life will work out.

Don't be an accomplice in our species demise, when you can be a "Champion" in our recovery.

Much Love & Light to All

Troy (K) Eichelberger – Nobody

Mother Earth represents intelligence beyond today's technology.

by, Troy (K) Eichelberger - Nobody
12/12/21

We often hear, "Hope for the best".

Well, the only benefit in doing so, is that we lock into positivity by following such advice.

However, as we grow in "Awareness", we realise further steps are available to us.

As a species, many are still sleep walking - not aware of the choices we have, nor the consequences we create.

I'd like to share a vision that I observed during meditation some time ago.

I was sitting in silent meditation, when suddenly, the nothingness, turned into the image of a flowing waterfall.

To remain in meditative observation, I made sure to purely be the observer - not reacting to the vision, but merely allowing it to flow in front of my closed eyes.

The image of the waterfall turned into something akin to a slide show.

I observed the water travelling a long distance - until it reached the ocean.

On its journey, I observed glittering foliage, drinking in the life sustaining energy, that the water provides. Dusty greens were being cleansed.

I observed global trade winds and their essential purpose - travelling across oceans, deserts, cities - across Mother Earth.

Winds worked in unison.

Sudden gusts here and there, responsible to steer weather patterns towards the regions, which most needed "Cleansing".

I observed the formation of clouds and the collection of water, via evaporation from all the waterbodies on the ground.

It is how fresh water is reconditioned constantly.

Salt in our oceans was shown to me as the natural sanitizer, protecting Mother Earth and its Creations.

I was observing the movement within the core of Mother Earth - energy travelling throughout its internal structure.

Mother Earth is not idle - she generates this movement, to provide us with life energy.

This movement, is also responsible for our structured tidal concept - creating waves in the ocean whilst keeping the perfect flow of all minerals required for the task.

There is no coincidence.

It is a system, working with an intelligence and a precision beyond our present-day, man-made technology.

Mother Earth is a living intelligence - just like "ALL" Creations.

When we begin to realise, that we are, an integral part of this system - we begin to wake to the reality of our purpose.

Our purpose is to serve and protect Mother Earth - our functionality is limited by our awareness, of that which we truly are - not that which we think we are.

The next time you get caught in a gust of wind - don't fight it - flow with it and know it is your friend.

Storm damage and natural catastrophise are a sign of human error.

Wind flow gets trapped amongst human high-rise constructions and emerges with greater force.

Structural damage is often the result.

Climate change is reversible, with many natural improvements and a change in our awareness.

We can all live happily with the flow of nature.

Our present ways, must not resemble our past mistakes.

We are merely a part of this planet's intelligence, not its Master.

Nothing is Coincidence - All is a result of Cause & Effect - as with Nature, so with our personal life.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

Opening the Heart. Love is "The Game Changer".

by, Troy (K) Eichelberger - Nobody
13/11/21

For much of my adult life, I was narrow minded and self-centred.

My life was polluted by ambition and the western idea of living.

It took many knocks for me to wake.

Today life is flowing in a way I never thought possible - and it's so simple.

Life happens as it does. It is the result of all of our past reactions, rolled into one.

I used to walk on busy streets and feel the discomfort or pain of others.

Did I see my own reflection in them? Perhaps.

I did not easily trust others and experienced much of life as a constant competition for survival.

I saw the human purpose as a race to collect, as big a share of the Pie, as we possibly can.

This was, how I thought we must look after our families - provide for ourselves and be a worthy, noble person.

Today, I am glad to have learned my way past that point.

Living is the experience we harvest from how we think and act.

My thinking has changed by so much, it is hard to fathom what a few years can do.

Our thoughts are influenced by many external factors, over the course of our life.

Not all influences work in our favour. Actually, many are designed to set us off on the wrong path.

The human creation does have a purpose, but - I am so glad to tell you - it is not about "you".

We are here, to serve and protect Mother Earth.

To achieve this, we must work at our best. As a species, we "can" work as ONE.

Life lived in the right balance, becomes a magical experience.

You don't have to suffer all the knocks to wake to this self-realisation.

We can take active steps to "re-set" our mind and become a much-improved version of ourselves.

We are influenced by everything we have knowingly or unknowingly witnessed over time.

Download a program that knows how to deal with life in the "Moment of Now".

Download a program that allows you to see through the illusion and discover your "Organic", or higher self.

To re-set the mind and find yourself, is like a journey towards Love. Truly, as odd as this may sound, it is exactly that.

We all have constant access to Collective Knowledge, Source or Akash, we just don't realise this.

Our ego function works like a smoke screen. Tune it down - silence that mind.

The ego appears like clouds, covering the blue sky.

The sky is always blue, only the clouds are grey - but clouds come and go - just like interfering thoughts.

The present mood you are in, is a direct reflection of your thoughts.

When we begin the journey of learning from within, our understanding of the word "Love", takes on a broader understanding.

Every creation is made of love.

Our behaviour may not allow for others to see that, but behaviour is subject to change - just like the clouds.

Love is in all of us. These days, I can finally see that.

Life has changed so dramatically for me since I arrived at that realisation.

For me, the key to tuning our mind and re-setting our dysfunctional program, is daily silent meditation.

Much Love & Light to you All

Troy (K) Eichelberger - Nobody

Our Strength is truly Simple - We Can be the Change.

by, Troy (K) Eichelberger - Nobody
02/01/22

Wherever we look, lessons are to be learned.

We are confronted by a reality, that seems invisible to many.

As a toddler, we enjoy life, due to the care of those around us.

Life is only possible, as a consequence of the actions of others.

Soon we are confronted by the sound of our own voice. We begin to realise a little sensation of a uniqueness - we see our image in a mirror - what amazement and intrigue for the developing mind.

Before too long, we grow into "Owners" of things.

A Teddy Bear or a blanket perhaps?

Growing into the years of our educational adventures, we learn about the expectations society places on the individual.

Slowly we get to understand, this society is leaving the weak behind.

The herd is not there to make life sweet for us, it is here to compete against us.

It takes us many years and perhaps a life time, to wake to the realisation - the herd are hypnotised. They follow without questioning the status quo.

First, we are taken from the loving support and care of our cradle years, to enter years of social conditioning and suppression.

In the West, that is called our education, preparing us for our professional career.

Is it any wonder we have so many crazed ego maniacs in positions of Political and Corporate Power?

As we stand back and give this problem some closer inspection, the reality is rather obvious. If humanity is to be managed into blind compliance of regulations and laws, the present global system is a well-tuned machine.

However, this realisation also reveals our obvious demise as a species.

To nurture our talents and further our strengths, we can hardly remain in such a system.

Humans are naturally programmed to be caring and loving. We are seeking peace and happiness - not confrontation.

We strive when we are free of fear. We grow in confidence when allowed to develop into the organic self - a self with unique flaws and talents.

Those in positions of influence. Those whose voices can find the people - those people amongst us have a responsibility. They also share an opportunity.

"Bring about Change!"

Let us cease competition against each other for profit and prestige - instead compete for better conditions for "All Creations".

Let us enter the records for the right reasons.

We must "NOT" add to the demise of our very own species - when we "CAN" dedicate our existence to its cause.

No employment justifies any action against the interest of humanity - don't enforce wrong for a salary.

Unite the Collective and embrace the diversity of our cultures and beliefs, be an ambassador for a future we can all be proud of.

We all have a voice. We all have opportunities in our circle of influence - no matter the size.

"We are the Change and Change starts when we ourselves Change".

Much Love & Light to All

Troy (K) Eichelberger - Nobody

Molecular separation of the Self - teleportation.

by, Troy (K) Eichelberger - Nobody
11/10/21

At times unusual experiences are had during silent meditation - mostly I just sit in silence.

Well, I have the urge to share a most interesting experience I had last night during my meditation.

The sensation of leaving one's body and being outside our physical containment, is one thing, Last night that was taken to a different level.

Imagine a large glass jar, filled with small ball bearings. That jar represents your physical body.

Gravity is what keeps the ball bearings solidly anchored in the jar. Gravity also assists us with the illusion that the human body is solid matter.

In fact, we are made up of trillions of cells, broken down into atoms and beyond.

Furthermore, the human ego function combines all our cells and gives us the illusion of the individual mind/ Self.

Last night during my meditation, I experienced the separation of each cell.

To best describe this experience, I take you back to that glass jar full of ball bearings.

Imagine you hold the jar and you turn it upside down, sending ball bearings, "uncontrolled", into every direction on your floor. Now remove gravity and you are there – particles flowing without any directional sensibility.

This was how my body seemed to disperse into the quantum field of the atmosphere, uncontrolled.

The experience brought me out of the depth at which I had arrived. It literally stunned me.

From there I tried to go back to that level and experiment teleportation. I was hoping to test this by moving to a fixed location and combine all cells back into that sensation of a "Self" - as one physical entity.

Unfortunately thought interfered at that stage. I could still reach the state of uncontrolled dispersing of my cells, but was perplexed by the logic of how to bring it back into one form at another location.

The reason I had such an urge to share this with you, is that I thought of this as completely impossible - although I have read about it.

I no longer think teleportation is impossible and actually feel I have understood and experienced the first stage in this process.

For me a scientific explanation is always most important to allow my brain to accept something as viable.

In this case it is not difficult for me to understand the concept.

Our cells contain photons. Photons contain energy as light.

So, whilst my physical body remains in meditation and in one location, the light reflection of each photon, is that which actually is dispersed in the above experience.

After a conversation with a friend this morning, I have arrived at a possible solution, for how the reflection of these photons may be able to unite into one shape again at a second location.

My friend mentioned a magnet, the answer may well be our unique DNA code - which could function as such a magnet.

In the quantum field, everything is energy - everything has its individual frequency - which is a recognisable signature.

It may well be possible, to reunite all photon reflections, supported by our DNA code -which would be forming said magnet.

Silent Meditation can be an amazing teacher.

Much love & light to All

Troy (K) Eichelberger - Nobody

Our experience in the physical realm, is controlled by our illusions.

by, Troy (K) Eichelberger - Nobody
06/11/21

When you walk in a crowded place, what do you see?

Your eyes receive energy frequencies, of all actions within their field of reception. These frequencies travel via nerves to the brain, where the pulsating frequency code, is translated into an image you can relate to.

So, vision is not the simple look into a reality, which many seem to take for granted.

Think of dreams.

We can dream with our eyes wide shut, yet we dream in images. Dreams stimulate our visual senses, without our eyes taking any part in these visions.

How do we know that we actually see the same thing?

As actions have specific energy footprints, by expelling a corresponding sequence of energy - energy frequencies are equal to letters and words.

Our brain learns to recognise actions - our individual DNA allows us to allocate such frequencies to the corresponding individual.

So, for example, the energy code for a person running, is recognised by our sensory system as a running action. The persons DNA, allows us to add an image we perceive for that DNA sequence/ signature.

But - how do we know that our vision matches the vision of the person next to us?

We don't.

Life is a beautiful mystery, flowing into a beautiful truth as we evolve.

What is reality?

Reality is - we know very little. We trust in some concepts over others, but to what consequence?

Long held knowledge has been challenged.

The most important, recent, breakthrough was the discovery of the plasticity in the human brain.

Modern science only accepted brain plasticity 20 years ago. Yogic science a few thousand years ago.

Modern science is based on tests and examination of concepts, often requiring visual observations. It lacks authenticity in certain aspects and is rather limiting in others.

Yogic science on the other hand, is about silent learning from within - from mastering one's consciousness.

Silent Meditation is the gateway to the Yogic Library.

Just like learning to read, before embarking on Shakespeare, meditation requires practise and patience.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

Moments – Colouring-In Books - Life changing Opportunities.

by, Troy (K) Eichelberger - Nobody
31/10/21

Music - dance - love - laughter - hugs are all ingredients we can use to fill time.

Human beings have many choices to make, when added together, these choices are reflecting in every moment of our existence.

Some of the choices available to us, are so simple, it is that simplicity that makes us overlook them as an appropriate option.

Let me share one such life lesson. This one is so simple it is easily overlooked.

We all remember colouring in books from childhood.

I always loved applying bright colours to the blank spaces and thus turning these into warm colourful sensations.

When we sit in front of the blank space, we have a choice. Which colour will we pick? and so we create.

Now, think "time".

Our life time is broken down into trillions of moments.

Moments are our canvas.

Moments are all we have.

We do not physically have a hold of the past or future - only the present moment - always that present moment.

We are the ones filling these moments.

Allow yourself to experience awareness. Awareness of the choice you truly have.

Go and add some light to every moment. Give yourself the love and care you never had. Give yourself the strength to be kind and loving to those around you.

Give yourself the freedom to truly live "your" life, in the best way you can.

Approach time just like that colouring in book.

Fill every moment with actions and thoughts, that will help you to brighten that moment and the next.

There are lines and shapes we have to follow, as in life there are processes and external events impacting on us.

However, nothing stops us to apply a little colour in the places that most need it.

Positive people have one thing in common - they always find an excuse to add a bright colour to a dull picture.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

Mother Earth - the deeper meaning. Waking our inner Awareness.

by, Troy (K) Eichelberger - Nobody
02/07/21

Why do some cultures refer to our planet as Mother Earth?

For many it goes beyond the words, it truly is the sensation of being a Child of Earth - the Mother.

I love that and I hope so will many of you, by the time you finish reading this text.

The Earth connection, when fully comprehended, changes how we see the world around us - changes our understanding of the "Self".

Flowers, trees & wildlife etc come in many varieties.

Climate and altitude, govern the range of species & organisms, which will naturally occur in any given region.

What about the human species?

Does the human species copy nature?

Are we not enjoying subtle specialties, based on climate and regional origins?

Yes, we are!

Our differences are not related to our intellect or emotional capacity - in that we are all equal.

Human varieties are no different to flowers - we come in many shapes and sizes - not all as visible as one may think.

Deep down, we have an identical need for survival.

We need food, water, and we blossom in a loving environment, free of violence and aggression of any kind.

Mother Earth - why does that ring so true, yet so abstract at the same time?

Well, for most of us, we struggle to move beyond any form of abstract thinking - we rarely touch the origins of reality. Consciousness.

Think beyond the surface - travel to the depth of life. All life - all creations.
What do we have in common?

Life Energy!

Measurable as a sequence of seven waves of vibrations, made up of many combinations within that range.

You will find the same vibrations in a blade of grass, as you do in the human heart. It is the same in every bird, every deer, every organism.

We merely vary in the sequence of the combination.

A subtle difference is for example human DNA - a larger difference can be the difference between yourself and a rose for example.

As we travel to the depth of creation, we arrive at the understanding of our origin.

We can suddenly recognise that which gives life. That which sustains you and me and all creations.

It becomes clear.

Without Mother Earth, we would not have life - would not have had fore fathers - no Mum or Dad is possible, without the sustenance, provided so freely, by Mother Earth.

How are we all connected?

I guess that question becomes superfluous.

Life centres around that which gives life, gives sustenance and keeps us alive.

Love, Mother Earth.

Love & kindness are all around us - are the true energy expelled by the Mother of all - Earth.

Unconditional Love is the love given to us by Mother Earth.

Unconditional love is the way to a happy existence for all species.

It leads to Nirvana and a higher functioning and developing world.

Much Love & Light to you All

Troy (K) Eichelberger – Nobody

The "Happy Place" - is merely a "Collective" step away.

by, Troy (K) Eichelberger - Nobody
27/02/22

Today, I wish to take you on a little journey.

I wish to show you a "Simple Solution", to restore your faith in each other.

As we understand that in our realm, everything has an opposite - we understand that the opposite of the Ego - is the Collective.

Allow me to introduce you to the town of "Equality".

It is located between the Top and the Bottom, just along the Middle Way.

Once a village just like any other, today, the town of Equality has a curious resemblance to Heaven on Earth - a place located deep inside the human heartland.

As the side effects from "Selfish Human Actions", finally threatened to end all free thought and movement, the people from Equality met and considered means to restore the living conditions for the town.

Many ideas were collectively introduced - all consideration revolved around the mental and physical health of the community.

How can we protect ourselves from the dark clouds and steel blue skies?

Each member understood the urgency, understood that the solution for the Collective, would benefit them "All Equally" and at the same time.

After hours of sharing their thoughts and hopes, the meeting concluded and the people agreed to meet again at a future date.

On their way home, something began to grow within these folk - something they could not define with words.

Warmth may explain this feeling - being accepted and cared for perhaps?

Well, they met again within a few days. More community initiatives were proposed. This time, the meeting had a livelier energy.

People felt free to raise their voice - free to feel inclusive amongst all - equally important as the other.

Again, no solution for the problem was pin-pointed.

However, on their way home - that feeling, that warmth, it was growing even stronger than the week prior.

..... as time went on, besides the lack of an obvious solution, people's health and emotional joy improved.

Many of the proposed solutions, added to the powerful realisation, of the heartfelt Collective Spirit - born by their common needs.

People now wondered. Why were the residents in their Village enjoying such an uplift, when no solution had been discovered?

Was the threat no more? Had the world changed?

Without noticing it, they had commenced living with a Collective purpose at their core.

Their minds now focused on the community, instead of the mere "Self".

They carried genuine smiles - catching each other's beautiful energy as they mingled. The changes were astounding.

Finally, they discovered the cause.

They had fallen in love with their community - had learned about each other's struggles and together shared and cared.

A genuine means to fend off all problems crystallised.

It was the dedication to the common problem, that brought these folk together.

They grew a genuine love for their community - "Unconditional Love" for all residents visitors members of the human species in fact, eventually All Creation.

Solving problems or developing new ideas as a collective, removes the sour taste of present-day competitive actions.

Leave no one behind - the human purpose is not interested in "You".

But, if you are as passionate about the collective, as you are about your Self, you become a force - "Welcome by All".

The Change, starts with each one of us - as ONE.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

Sharing my Ultimate Goal.

by, Troy (K) Eichelberger - Nobody
26/02/22

I have to start this story, by reminding you - "We are constant Change".

As we learn something new every moment, so we must commit to being flexible to change our ideals.

What I share here now - is subject to change - such is the law of Cause & Effect.

Since I have dedicated myself to "Inner" learning - the person that commenced on this journey, is not the one I represent today.

Daily silent meditation sessions have opened my mind to a new existence - one with limitless potential.

The urge to share some of these insights, is driven by a deeper motivation - not Ego.

Humanity is my Motivation, my Passion - my Purpose.

I see a most simple solution, to what others turn into major issues.

Climate, Poverty - World Peace, all could be turned into past issues, within a very short time and with the most simplistic and "natural" approach.

Nikolas Tesla spoke of the energy of Light - in a means to not only illuminate our planet - but he also addressed its impact on the human intellect.

We are operating well below our true functions, in what almost appears a suppressed and partially manipulated environment.

As with everything else, once we know something to be true and achievable - we can learn to adopt new skills. We may not become the master of such skills, but we will improve our functionality.

My writings are aimed, at sharing my discoveries, to support others on their path towards this illumination of the mind.

Why?

Because an intelligent species, will not relent to violence or discrimination. Nirvana is a "Real" solution - not merely a prospect.

The only thing that keeps us from engaging in such a solution, is the present, "PERCEIVED", limitation within our functionality.

An intelligent species, will embrace the true meaning of "Unconditional Love" for Creation. Our awareness demonstrates that any other path is not the flow - not the Tao.

I am motivated by adding my grain of sand, to the many grains, that combined project Humanities Bridge towards the Light.

Much Love & Light to All

Troy (K) Eichelberger - Nobody

The Fence that changed the path for Humanity.

by, Troy (K) Eichelberger - Nobody
20th Aug'22

Q: How did humanity reach the point at which we find ourselves today?

A: Since the inception of agriculture, we practised suppression, violence, exploitation, deception and naivety!

We harm each other in the pursuit of self-protection and reward.

What started as a brilliant idea, turned into today's flawed global political system.

That brilliant idea was implemented about 11,000 years ago – it is now known as the commencement of agriculture.

The first ever fence was constructed as a consequence. That first fence changed the path for humanity.

As the first farmer decided to claim a piece of land as his own, exploitation of nature and all creations was triggered.

The first regular army was serving landholders' needs to protect their lands and crops against hunters and gatherers that had no idea of the meaning of a fence.

Today this concept is as fresh in our mind as ever.

Today we see its dark side, today we see humanity at its worst.

We protect things that we should freely share with all, for the benefit of the collective. We protect the concept of greed and serfdom.

In the process, we support our very own exploitation on all fronts.

Nature is the core platform for all creations.

Nature is that which sustains the entire range of living species, as structured by creation.

Today we see a divided global community.

A community separated by borders, political systems, patriotism, ideology and many more “non-physical” human constructs.

The idea of naming a country soon reached the idea of ownership of such lands that were named.

Colonialism was the political adaptation of the first fence concept.

Instead of claiming a parcel for farming, the colonialists claimed an entire country and the people in it.

Taxes are paid to those that claimed such lands, rewarding them for their crimes against "Creation".

How can we seriously comply with such a concept and call ourselves a modern, intelligent society?

Imagine we revoked such concepts and opened all the Borders.

The legal platform to do so resides in all our hearts. It is our birth-right – granted by Creation.

Wars are a consequence of our ancient plunders; we have to call an end to these concepts of ill-will against nature and all species.

A new approach is needed.

Designing a system in synergy with our and our planet's needs, is now overdue.

Humanity has a word that may guide us in the creation of a better system. The word "humane" covers much when considered in its full intent.

Do trees grow differently in Russia or the Ukraine? Are children's needs not the same around the world? Do the Spanish turn into Catalonians if they leave Spain?

Are we manipulated by the human flaw we call "Ego"?

Evolution is progress, we need to get over the fence to continue its natural unfolding.

Much is learned by the challenges and suffering we experience. But, unless we learn something and implement the appropriate changes, our suffering suggests we are immune to learning.

It is time we set the course that leads to a free global system. We can do at least that much for our future generations.

Change starts with an idea, carry the idea into your conversation and the seed starts to grow into the fruit of our desire – a healthy and peaceful planet, in harmony with Creation.

Humanity Towards Sustainability (HTS) is a global awareness project, aimed at restoring our planet and gifting life to future generations.

Much Love & Light to All
Troy (K) Eichelberger - Nobody

Personal Coaching – Higher Functionality and Self-Realisation:

The Answers are Within.

Human functionality is a most fascinating subject.

We can improve our relationships, our health, increase athletic & mental performance and do so in a healthy and organic way.

As you will have learned from reading this book – my dedication to help others and discover the possible, is not a task – it is my core purpose.

If you feel that you may benefit from One-on-One Video Coaching sessions - please type – **“COACHING”** - in the subject box and email:

troy@humanitytowardssustainability.com

Whilst this service is Globally available, I reside in Victoria – Australia – check out Melbourne’s time zone and we can work together to make things possible.

In Closing:

Thank you for taking the time to make it this far through the first book in this Series.

Pathway to Self-Realisation – A Collection of Ramblings, is a series of three “digital books”.

This digital book is the first in the series. Book 2 & 3 are written and will be available very soon – subject to final editing and formatting.

There are presently no hardcopies available.

Since writing these ramblings, I have launched a global awareness campaign, “Humanity Towards Sustainability” – www.humanitytowardsustainability.com

Humanity Towards Sustainability is a project of passion. As I have learned much about the human make-up, my meditations also take me to experiences beyond our own functionality.

I feel that our planet will remain fragile as long as we exist in a system, that encourages our and our planets exploitation. Greed is a cancer that eats away at the fabric of society.

Equality is our birthright. It is all inclusive. Equality has no room for division. The true power of humanity is not exercised. That power is our understanding of our connection to each other – our true Oneness.

Humanity Towards Sustainability offers simple, but sound solutions to assist humanity from our path of suffering to a path towards harmony. If you are as passionate about the human potential as I am, you too will see a need to promote solutions to protect life beyond our generation.

Together We Can.

Custom Publishing Options:

If you wish to comment on the book or explore publishing or “custom publishing” options
– please write BOOK in the subject box and email me on:

troy@humanitytowardssustainability.com

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“I Am Nobody. Together We are. Therefore I am.”



Troy (K) Eichelberger – Nobody.

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